



THE
BIRCHES

AT VILLA RICA

Welcome **HOME**



We're honored that you're considering The Birches at Villa Rica as your new home.

Your choice in senior living will impact your health and happiness for years to come.

Our approach integrates residents into our health system with the level of care you expect from Tanner. The professional care staff at the Birches is available 24 hours a day to provide for each resident's individual needs. No other senior living option in the metro area offers this unprecedented level of access to specialized care services.

It's vital that you feel confident in your senior living choice. We're here to answer your questions, explain our programs and provide whatever information you need to be sure The Birches is your first choice in senior living.

Thank you for considering The Birches at Villa Rica.

~ The Birches

*Worry less about the little things.
Live for the important ones.*

Stay SOCIAL.

Your loved ones matter.

We help you stay engaged. In-room internet and wireless access throughout the community make it easy to reach your children and grandchildren whenever you like.

Safely stay in touch, no matter what.

- High-speed Wi-Fi in each residence
- Communication kiosks
- Streaming capabilities for video calls and entertainment
- In-suite phone service
- Full IT support
- On-site engagement activities and programs with neighbors, including a book club, travel club, happy hour and more





*It's taken a lifetime
to become who you are.*

Stay SAFE.

Where else can you go that's fully prepared to keep you safe during uncertain times.

Through our affiliation with Tanner, The Birches at Villa Rica employs similar safety protocols like those used in the hospital.

Our staff undergoes comprehensive background checks and the same screenings as the health professionals in the hospitals, so your life and your property stay safe.

- Rigorous infection prevention protocols
- Call systems for all residents
- Access-controlled campus
- Electronic-accessed rooms
- Trusted staff with rigorous background checks and medical training
- Screenings for guests, staff and residents for infection prevention
- Engineering support and backup generators for power outages



*Age isn't a burden;
it's a blessing.*

Stay WELL.

Your health is paramount.

That's why our Get Healthy, Live Well team has designed programs to keep you active and engaged. Nutritious meals, engaging activities and the resources to keep you physically and mentally fit — all from the region's leading health system.

As an affiliated part of Tanner Health System, we also offer seamless access to a host of medical services, from 24-hour on site home health nursing care to medical services featuring primary care, heart care, cancer care, mental health and others.

You'll have complete care for mind, body and spirit.



- Daily exercise programs
- Well-checks
- Yoga and tai chi
- Walking club
- Gardening
- Live entertainment
- Music therapy
- Animal therapy
- Spiritual services
- Exercise facilities
- Pharmacy services
- Enrichment programs





Nothing provides perspective like time.

Stay CLOSE.

You can't expect visitors if you're too far away.

We are close to Interstate 20, Highway 61 and Highway 78, making visits from loved ones easy. Your families will have no problem making regular visits to our safe, secure campus.

- Situated in in Villa Rica community of Mirror Lake, convenient to I-20, Highway 61 and Highway 78
- Easy to reach across west Georgia and metro Atlanta
- Policies to ensure the safety of visitors and residents
- Frequent trips to area events and attractions included
- Adjacent to integrated primary care and urgent care services

Happiness and fulfillment are the rewards of life.

Stay NOURISHED.

A good meal feeds the mind and body.

Our chefs use seasonal cuisine options to develop healthy, interesting menus. So you'll always have a fresh, flavorful and healthy variety of dishes in our comfortable restaurant-style dining room or cafe.



CHEF SPECIALS

Breakfast

Eggs cooked to choice
Milk, juice, coffee or tea
Fruit and cereal of your choice

Lunch

Apple pork chops
Duchess potato and seasoned asparagus with a wheat roll
Cheesecake with berries
Coffee, tea or milk

Dinner

Hearty vegetable soup and whole wheat crackers
Peanut butter brownie
Coffee, tea or milk

REGIONAL FAVORITES

Breakfast

Cinnamon French toast
Milk, juice, coffee or tea
Fruit and cereal of your choice

Lunch

Chicken and dumplings with herbed green beans and a wheat roll
Apple pie
Coffee, tea or milk

Dinner

Pulled pork with BBQ sauce and wheat bread
Red velvet cake
Coffee, tea or milk

A Sample Menu >



Time gives meaning to life.

Stay ENGAGED.

Memory care can be one of the most important and difficult decisions you must make for a loved one.

At The Birches at Villa Rica, memory care residents are kept safe and engaged by our caring, professional staff.

Specialized programming and socialization are vital for memory care residents. We offer a full schedule and a wide option of social events, providing opportunities for residents to stay engaged and preserving cognitive function.

- Reflection programming, featuring specialized memory care
- "It's Never Too Late, IN2L" system
- Assistance with daily living
- Three nutritious meals and healthy snacks
- Caring, experienced, professional staff
- On-site specially trained caregivers 24 hours a day
- Fully integrated access to our medical and mental health services



*Happiness and fulfillment
are the rewards of life.*

Stay HERE.

Comfort. Safety. Engagement. Privacy.

And all the resources of a regional health system available around the clock.

That's The Birches' difference.

There is no other senior living option in metro Atlanta that offers a fully integrated approach to wellness like you'll find here. Our floor plan options are

At The Birches, your health comes first.

Welcome home.



Assisted Living 1-BEDROOM SUITE

518 SQ. FT. (APPROXIMATE)



STUDIO

421 SQ. FT. (APPROXIMATE)



Memory Care SEMI-PRIVATE SUITE

518 SQ. FT. (APPROXIMATE)



STUDIO

421 SQ. FT. (APPROXIMATE)



THE
BIRCHES
AT VILLA RICA



THE
BIRCHES
AT VILLA RICA

• A TANNER-AFFILIATED SENIOR LIVING COMMUNITY •

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